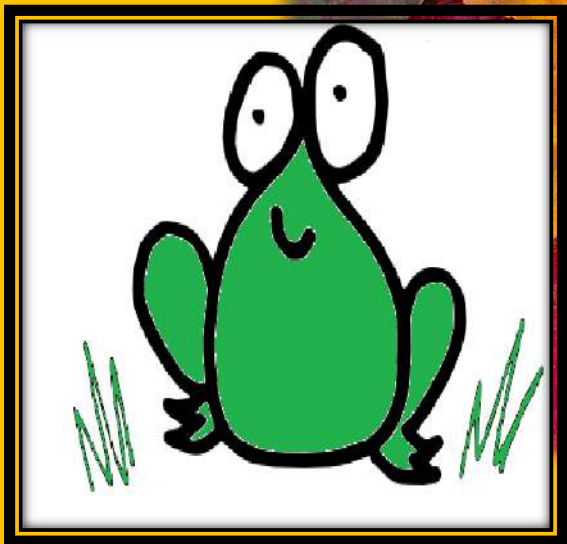


NORTHBOROUGH NEWS



AUTUMN 2, 2023



Message from Mrs Boucher

It has been wonderful meeting all the children and parents this half term. The children have all settled brilliantly into their classes and I have been really impressed with the amazing work they have produced. The Star Writer Award has showcased some excellent pieces of work across the curriculum. We have received so many comments from visitors about how impressed they have been with the fantastic manners and attitude to learning the children have shown. The half term has been packed with events and the buzz of learning around school has been a joy to see. It was also lovely to see so many parents attend the parent consultations and the book looks.

I would like to say a massive thank you for all the support you provide your children and the school.

I hope you all have a wonderful half term.



KEY DATES AND INFORMATION

October

- ***Half term 20th – 30th October***

November

- Individual & sibling photographs: Mon 6th
- Prospective parent tour for 2024 starters: Mon 6th 9.30am
- Y5 Space Centre trip: Fri 10th
- Flu vaccinations: Mon 13th
- Y6 Duxford Museum trip: Wed 15th
- Y4 Sportshall athletics: Mon 20th
- Y3 Flag Fen trip: Wed 29th

December

- Christmas postbox opens (*envelope must clearly state recipients full name/ year so our elves can deliver accurately*): Fri 1st
- Tree lighting: Fri 1st (*oldest and youngest children switch the lights on together*)
- Y3 Gym & Dance Festival at AMVC: Wed 6th
- Silly songs assembly: Mon 18th
- Christmas jumper day & Christmas lunch: Tue 19th
- Church service Tue 19 Wed 20th
- End of Autumn term: Wed 20th

January

Start of Spring term: Thur 4th

- EYFS & Y6 height & weight screening: Tue 9th



Christmas Performances

EYFS dress rehearsal: Tue 5th 10-10.30am

EYFS performance to parents: Thur 7th 2.30-3.15pm

Y1 & Y2 dress rehearsal: Wed 6th 11-11.45am

Y1 & Y2 performance: Thur 7th 5.30 – 6.15pm

Y1 & Y2 performance to parents: Fri 8th 2.30-3.15pm

Y3,Y4,Y5 dress rehearsal: Tue 12th 11am-12pm

Y3,Y4,Y5 performance to parents: Wed 13th 2-3pm

Y3,Y4,Y5 performance to parents: Thur 14th 6 – 7pm

***Performances are
ticketed events.
Performance letters to
follow in due course***



Harvest Festival

Thank-you Mrs Skillman and Mrs Knott for a special Harvest Festival service. The choir and the readers performed beautifully.



Thank-you for supporting the Deeping Foodbank with your generous Harvest donations.





Feeding local people in crisis

**To everyone at the Northborough
Primary School**

**Thank you for your generous
donations from your Harvest Festival
of 198.22 kilogrammes of food**

**This will enable us to continue
supporting people in crisis in the
Deepings.**

**Without your support and
generosity this would not be
possible.**

Choir at Church


Choir have had a wonderful half-term, learning a variety of different songs.

They wowed us all with their performance in the Harvest service! We look forward to hearing them again for Christmas.

If your child is interested in joining, make sure to sign them up when the new clubs list comes out! We have space for more fabulous singers!





We love being in the orchard. Even in the small area that has now been opened we are learning about the environment, the creatures in it and how to care for both. Look at the awe and wonder on show! 



Looking after
your Mental
Health = spend
time in nature.



It works for the teachers too! Thanks to Heidi from PECT for delivering our training. We can't wait to show you what we learned today.





Thank you!

A massive thank you to everyone who helped at the garden party. It was wonderful to see so many people taking part and the planters look fabulous.

Thank you again!
Mrs Boucher



The planters are looking great. Thank you to those who came in to support us.

Northborough Village



PECT
CREATING SUSTAINABLE PLACES



Langdyke
Countryside Trust



New wetland area

The Parish Council are working with PECT (Peterborough Environment City Trust) and Langdyke Countryside Trust to increase biodiversity in the parish, and together they have created this small Wetland Area, which is now home to a dozen native semi-aquatic plant species.

This exact spot was formerly part of Car Dyke, which was, and to a large extent still is, an 85-mile (137 km) long ditch which runs along the western edge of the Fens in eastern England. It was used to transport goods from Cambridge to Lincoln by barges and had an average water depth of two metres. It is generally accepted as having been created by the Romans and, for many centuries, to have been taken as marking the western edge of the Fens. The native plants growing here would have been much more abundant when Car Dyke was in use, and it's very fitting that they have now returned to this location.

Another wetland area has been created by PECT and Langdyke Countryside Trust next to the school pond, in partnership with Northborough Primary School.

Useful links:-

northborough-pc.gov.uk
pect.org.uk
langdyke.org.uk
en.wikipedia.org/wiki/Car_Dyke
northboroughschool.co.uk



This is nice to see. We are sharing our pond plants around the village.

Mike Horne came in again to work on the pond. The teachers joined him to find out about our pond.



Year 1

Lily, Florence and Ravi told me how much they enjoyed seeing TAM's heart and lungs light up. Jacob loved eating a pretend picnic!



EYFS

George told me he loved meeting Harold

I enjoyed learning about the body parts on Tam. We looked at keeping our bodies and brains healthy. We helped Harold the giraffe to solve his worries with his friends. " Sam Y3



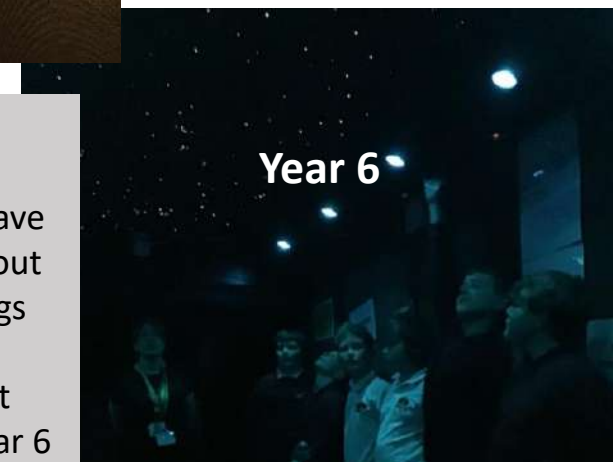
Year 3



Year 5



'I really enjoyed how factual it was and how Louise allowed us to have an open discussion about our bodies, about things that can hurt our body and having a talk about decisions.'— Oakley, Year 6



Year 6

'I loved talking about the different elements that helps us with our decision making. It will help me in my future know what my body needs and what can cause harm to my body.' — Amelie, Year 6



Life Education Bus 2023



Year 4

Tuesday 10th October, 2023

THINK OF OTHERS

INSIDE OUT DAY

We wore a piece of clothing **INSIDE OUT** to help us STOP and THINK about how others are feeling.

Always be kind as you don't know how your friend might be feeling on the inside.



YOU helped raise nearly £100 for us to buy special books that will promote HAPPY and HEALTHY minds.

Thank you!



Year 3 Music



‘I look forward to violins every Thursday because it is fun and interesting to learn something new.’ Maisie-Mae





Year 4 Roman Day at Peterborough Museum.

The children had a fantastic immersive Roman Day at the Peterborough Museum.
They made clay pottery roman faces, followed by a trip to the gruesome Roman Doctors.

They visited the Roman Market to get ingredients for a banquet.
After they classified different artefacts from the Roman period.
They had an amazing time.



Sealed Knot

and

Cromwell Museum



We were lucky enough to have a whole day of living history come to school. The children all participated in the 6 workstations, and have presented a slide each detailing what we learned about. We also had a session with Kristina from the Cromwell Museum, learning lots about the people who make up our local history.

Cromwell Museum

We learned about the
life and times of
Elizabeth Cromwell
using artefacts to
deepen our
understanding.





EYFS



Matilda helped us march to the beat of the drum

"The war cries were amazing!" Ella told us.



"I liked the PIKES because they did war shouting" said Oliver.

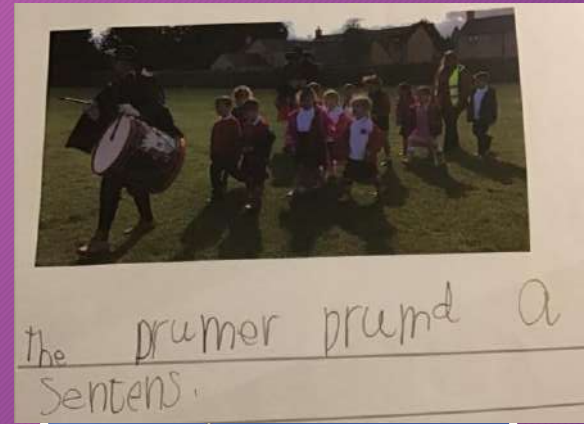


"I tried on a helmet" Arlo said proudly





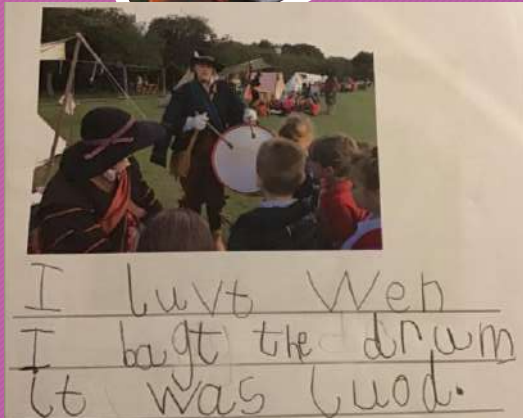
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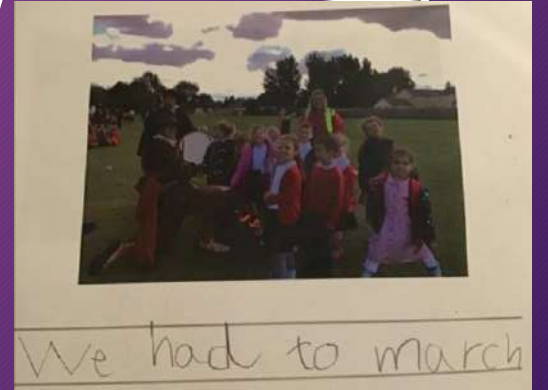
Year 1
We enjoyed the
day.



I luvv Weh
I bavg the drum
lt was luod.



Drums and Colours



We had to march

We were shown all kinds of different hats, for poor and rich. And we learnt all about how to spot who was rich and who was poor by how they dressed. For example, someone with many buttons would be richer than someone who used ties to keep their clothes together.



Year 2 - Clothes



Year 2 really enjoyed seeing the old clothes.

We learned that they never washed their woollen clothes so that they kept their water resistance. We were amazed when water was poured over his coat and it all just dripped off, leaving him all dry.

17TH CENTURY FUN AND GAMES

Year
3



Did you know people weren't allowed to play board games because the vicar would tell you off? You could flip the leather over or hide it in your pocket. Bella



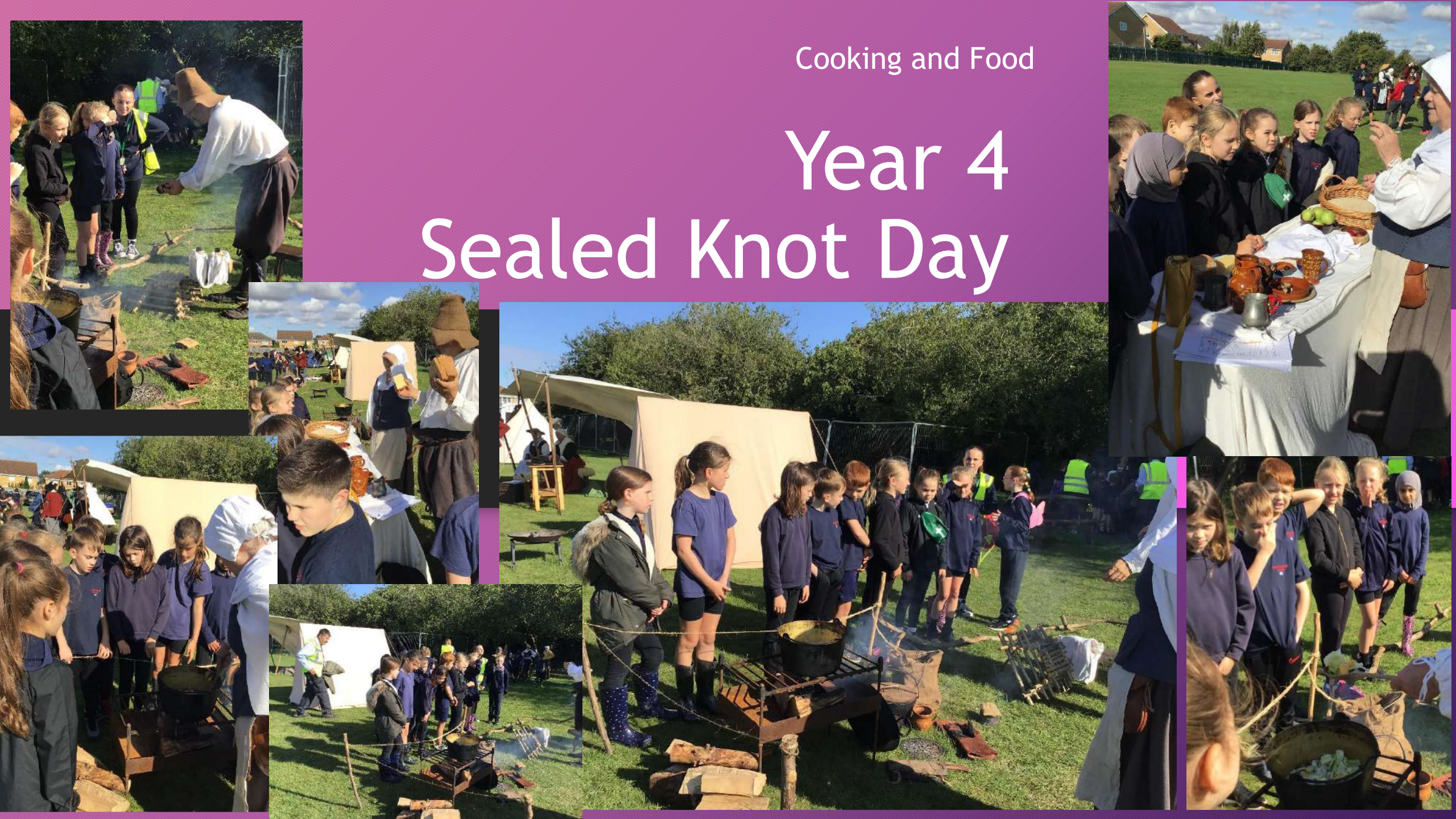
We played "Lucky Pig" a leather game. It was fun and you could win coins. Pip

Blind Man's Buff was really fun-- you could run in and tap people. We had to play fairly. Roman



Cooking and Food

Year 4 Sealed Knot Day



Visit from the Sealed Knot

Training for battle!



A quick lesson on
loading a musket



Playing games and
learning how to march!



Year 5 thoroughly enjoyed our visit from the Sealed Knot and learning about the life of Elizabeth Cromwell.

Year 6's Sealed Knot Event



‘It was a really fun morning and I would love to do it again. What I loved most was holding a musket and re-enacting a battle’ - Alfie



‘It felt realistic as I held a pike with a metal tip. We got to find out what it was like to be at war’ - Harvey



‘It was very cool and exciting to see how humongous the real pike was. I loved it when we got into 2 lines and pretended to fight (we didn’t harm each other)’ - Kim



‘The helmet felt comfortable as there was something at the top of the helmet to make it feel nice and wearable’ - Luca



What a great day we had!
Many thanks to the Sealed
Knot, some of whom
camped from Thursday
night to Sunday on the
school field. It felt right to
have an encampment set
up - we could feel the
history.
Come back soon!



The Sealed Knot performed at the weekend too. It was an impressive display. We tried to beat the world record for firing a pistol as many times as we could in a minute. He missed the record by 2 seconds. Impressive non the less.





What a star! Sophia attended the Move it, Shake it dance competition in Coventry. In her classical ballet she placed 3rd out of 9
In her modern jazz troupe placed 1st out of 19.
Wow! Well done, Sophia.

Francesca brought in her medal to show us. She plays tennis for Peterborough (and Cambridgeshire County). Recently, she played for Peterborough against, Cambridge, Huntingdon, Ely and Camborne . Individual games but a team event. They won!
Francesca won all of her games and got the highest amount of points in the competition.
Well done, Francesca!

Well done if you are persevering at a sport or hobby in your spare time. Look what you can achieve with the right mindset!



The Patch - update!



The Patch is an exciting new woodland play space, funded by the PTFA



In early October, we held our second Big Help Out. Nettles and brambles were cleared, and a mud kitchen was installed (kindly donated by a parent). Thanks to everyone who helped out - it was good fun and a good work-out!

Next tasks include fencing the area (now that we have a quote) and erecting a wooden playhouse.



Opening
Spring
2024!

The Patch will be
a natural,
imaginative space
for children to use
at playtime



Deeping Shotokan Karate Club



Improve fitness, confidence, co-ordination and flexibility
whilst learning practical self defence.

For more information or to book your place, please call

07866 407938

Our classes are for age 5 & above

Classes available now!

Mondays: Bourne Abbey Church Hall

Tuesdays: Deepings Community Centre

Thursdays: Deeping St James Community Primary School

Saturdays: Northborough Village Hall

www.deepingkarate.co.uk



A local club you may be
interested in joining.



The Cambridgeshire and Peterborough 5-19 years school nursing team offers help and advice for a whole host of issues:

Emotional Wellbeing

- Managing emotions, low mood, eating concerns, school transition support & attendance issues for health reasons

Healthy Lifestyles

- Healthy eating, sleep, bed wetting, smoking, drugs and alcohol

Puberty & Growing Up

- Healthy relationships, self image and identity

CALL 0300 029 50 50

cpm-tr.peterboroughschoolnurses@nhs.net

COSY UP



A half termly newsletter for by the Autism Advisory Teacher Service for Peterborough's Autism community

A SENSORY AUTUMN

Rob Emery (Autism Advisory Teacher)

People with autism often have sensory processing differences and the Autumn is a time that presents both challenges and opportunities for sensory development. In this issue we identify some of the challenges and give some practical ideas for supporting sensory development at this time of year.

TACTILE

The Autumn presents lots of opportunities to develop the sense of touch as tactile sensory experiences are everywhere to be found. A short autumn walk offers the chance to experience the textures of crunchy leaves, squelchy mud beneath wellies, smooth conkers and rough bark. Children can make a 'nature bracelet' using a band of tape to stick items they like on their wrist.



TASTE/SMELL

Pumpkins are back in our supermarkets, and they can keep children entertained for hours whilst providing valuable sensory experiences. As well as a variety of interesting textures, the smell and taste are also quite unique. To develop number skills, children can find and count seeds on a number track.

Harvest festivals are also celebrated this time of year. Baking bread, cakes or even making simple biscuits with your child present lots of opportunities for sensory development. Kneading dough, tasting ingredients and of course licking the mixture out of the bowl!

INTERIOCEPTION

Interoception relates to sensing the internal feelings of your body. Sensing when we are tired and need sleep is something that most of us do instinctively but for those with sensory processing differences, this can be more difficult. As the nights begin to draw in and the clocks change, adjusting sleep patterns accordingly can prove challenging. You might talk to your child/young person about the changes so that it is more predictable. You might begin to adjust bedtime at smaller ten-minute intervals leading up to the time change rather than try to tackle a full hour difference in one go. Studies have shown that regular exercise can also help with adjusting to a new sleep schedule.

HALLOWEEN & BONFIRE NIGHT

While these festivities might be fun for many of us, the assault on the senses presents challenges for many of our children. Unpredictable loud noises and flashing lights can be problematic.

Try to make things as predictable as possible. If people knocking on the door at Halloween is a problem, leave a bowl of sweets outside the front door with a sign that asks people not to knock. Your child/young person might enjoy the costumes through the window or at a distance. If you are going to an event, try to talk your child/young person through what will happen, they may need ear defenders and sunglasses to limit sensory input and snacks and hot chocolate can serve as a welcome distraction from crowds.

You know your young person best so celebrate this season's festivals in a way that is enjoyable and meaningful for them. Don't feel the pressure to attend big events or to take to the streets in costumes if it will only lead to distress. Sometimes family traditions are much more meaningful.

PCYM Music Inclusive
A Saturday Music Group for young people of ALL abilities

PCYM Music Inclusive
is held Weekly, term time only

Saturday's
Juniors: 10:30 - 11:00
Seniors: 11:15 - 12:15

**Ormiston Bushfield Academy,
Orton Centre, Peterborough**

REGISTER NOW
QR CODE
https://forms.office.com/e/0880n8t1u

Images of people participating in the group.

Out & About

Hill Farm Pumpkin Picking
Pick your own Pumpkins!
[Click here](#)

Half term at Nene Park
Tree Hunts and Broomsticks!
[Click here](#) for more info.

Inflationation SEN Friendly sessions
[Click here](#)

Burghley Halloween Trail
[Click here](#)

Sacrewell Farm Pumpkin Festival!
[Click here](#)

Peterborough Cathedral Transformed by lights!
[Click Here](#)



Rainy Days

Try these...

...Autumn Scavenger Hunt
[\(click here\)](#)

...Autumn Spice Playdough
[\(click here\)](#)

...Autumn Tree Painting
[\(click here\)](#)

...Leaf Printing
[\(click here\)](#)

...Coding Ghost Game
[\(click here\)](#)

Make floating ghosts!
[Click here](#)



No Bake Recipes...
[click here](#)



NOTICE BOARD

To do:

- Apply for school places by Oct 31st (secondary places)
- Apply for School Places by January 15th (Primary places)

[Click here](#)

Welcome to the team: Stephanie

"Hello, I am Steph and I recently joined the AATS team. I will be working with Peterborough Secondary Schools and Colleges supporting students with preparation for adulthood and post-16 transitions. I have previously worked as a HLTA in an Autism hub within a mainstream secondary school and worked as a Learning Mentor delivering bespoke 1:1 and group sessions for students with SEN and SEMH.

I really enjoy creating unique packages and planning smooth transitions to support our young adults in achieving their goals and future aspirations. My children keep me very busy in my spare time! However, I do love a cosy film night, walks in the woods and playing the ukelele."



HAPPY BIRTHDAY TO YOU!

Enjoy your special day– HAPPY BIRTHDAY!

Wishing you all a day as brilliant as you!

Birthdays celebrated this half term

EYFS: Charlie O & Isaac

Year 1: Francesca B, Austin, Violet, Quinn, Louie & Bay

Year 2: Benjamin & Layth

Year 3: Sam, Charlotte, Layla & Roman

Year 4: Felix, Spencer, Zac, Faolan, Jessica & Jonah

Year 5: Samara, Tilly & Poppy LC

Year 6: Oliver B, Amelie, Raffaele, Luke & Ollie S

Staff: Mrs Garford, Mrs Heavens, Mr Taylor, Mrs Weightman & Mrs Sly





**In the event of an
emergency**

EMERGENCY@NORTHBOROUGH.PETERBOROUGH
.SCH.UK

Have a fabulous half term!

**MANY THANKS FOR YOUR CONTINUED
SUPPORT - THE NORTHBOROUGH TEAM.**