



Northborough Primary School

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31/03/2025

2025 SUMMER 1 CLUB BOOKING

Club booking **opens** at 10am on **WEFNESDAY 2ND APRIL** and **closes** at **5pm** on **THURSDAY 17TH APRIL 2025**.

Children can attend a sports club of their choice for six consecutive weeks (1 half term), at no cost to parents and carers.

Your child's **first** YDP club booking will be logged as their **FREE** entitlement. All YDP sports sessions booked after this must be paid for in full using the payment information provided overleaf. Club places are available on a first come, first served basis.

Country Dancing Friday LUNCHTIMES: Country dancing is a very structured activity which develops spatial awareness, self-control, self-discipline and teamwork. A country dance involves a repeated sequence of figures, carefully choreographed to fit a specific length of music. It's performed by a group of people, usually in couples, and can take place in one or more sets. **Children should only attend this club if they can commit to being available to attend the Country Dancing Festival being held at The Peterborough School on Thursday 5th June 6-7pm - more information to follow.**

YDP Orienteering: Orienteering is a sport that involves walking or running around a set course whilst navigating using a map and sometimes a compass. Orienteering lessons are useful in school as they develop children's confidence, team working skills, navigational skills, physical stamina and problem-solving skills. Northborough School are the current Soke Orienteering winners!

YDP Football: Children will need to wear a football kit, shin pads and moulded football boots (not spikes or AstroTurf boots). Children play in all weathers so suitable layers are advised, this is especially important as we move into the winter months. Children will be expected to change themselves and coaches will assist with shin pads and laces only. It is worth having a practice at home.

YDP Boxercise: This club is based on the training concepts boxers use to keep fit. Classes can take a variety of formats but a typical one may involve shadowing, skipping, hitting pads, press-ups, shuttle runs and sit ups. Sessions are non-contact, fun, challenging and safe

Cookery: Children will need a sealable container and apron to attend this club – both will be needed every week. **This term children will make: pizza, fridge cake, sausage swirls, lemon cake and apple cake.**

Mrs Sallis will do her best to substitute ingredients to accommodate dietary requirements such as gluten free and vegetarian choices however this may not always be possible.

YDP rounders: Rounders is a striking and fielding game, where points known as 'rounders' are scored by the player hitting the ball with a bat and then completing a circuit of the

track-consisting of four posts. The aim is to both score the most number of rounder's, as well as to get the batting team out; as fast as possible.

**PE kit is acceptable for all sports clubs.
Children can wear football club kits to football if they wish.**

Clubs run from 3.30 – 4.30pm unless otherwise stated.

Day	Club	Dates	Payment	Year
Monday	YDP Football with Coach Tom & AMVC sports volunteers (40 spaces)	Commencing 28/04/25 Last session 19/05/25 4-weeks	£16 Payment to YDP Acc: 29124484 Sort: 54-21-38	1 - 6
Tuesday	YDP Orienteering with Coach Tom (24 spaces)	Commencing 22/04/25 Last session 20/05/25 5-weeks	£20 Payment to YDP Acc: 29124484 Sort: 54-21-38	1 - 6
	Cookery with Mrs Sallis (15 spaces)	Commencing 22/04/25 Last session 20/05/25 5-weeks	£25 Payment to Julie Sallis Acc: 21052061 Sort: 11-64-32	1 - 6
Wednesday	YDP Boxercise with Coach Tom (20 spaces)	Commencing 23/04/25 Last session 21/05/25 5-weeks	£20 Payment to YDP Acc: 29124484 Sort: 54-21-38	1 - 6
	Cookery with Mrs Sallis (15 spaces)	Commencing 23/04/25 Last session 21/05/25 5-weeks	£25 Payment to Julie Sallis Acc: 21052061 Sort: 11-64-32	1 - 6
Thursday	YDP Cricket/ Rounders with Coach Tom (24 spaces)	Commencing 24/04/25 Last session 22/05/25 5-weeks	£20 Payment to YDP Acc: 29124484 Sort: 54-21-38	3 - 6
Friday <i>LUNCHTIME</i>	Country Dancing with Mrs Young (24 spaces)	25/04/25 09/05/25 16/05/25 23/05/25	No charge	2 - 6

Click here to book: [Northborough Primary School -
online club booking \(northboroughschool.co.uk\)](http://northboroughschool.co.uk)