



Extract from the appeal at Christmas:  
The Mustard Seed Project said...

This message is not really from Pendo because she doesn't know that her porridge is under threat. She has been in Miche Bora since she was five. She's very bright and along with many others she is exceeding government expectations academically. She has a full tummy and she can think and learn from her excellent teachers. But it doesn't matter how bright you are or how good the teaching is if all you can think about is how hungry you feel. Herrod Foundation has been providing her with a balanced meal at lunchtime and porridge made with milk every morning but the need in Africa is so great the Foundation have advised us that they may not be able to continue with this support.

**It costs just £1.25 a week to feed Pendo, £50 a year.**



We can't really imagine what real hunger feels like. The sort of hunger where you don't know when you'll next be fed. If you saw how much food our children ate you would soon understand how they feel. They behave a bit like camels, storing food up against a bad time like the weekend or worse still, school holidays.

Then there are children like Seif who managed to get a school rule changed. He was sent home from school poorly and returned 30 minutes later. This happened several times before it was finally realised that he didn't want to miss his lunch. Sick children are now allowed to turn up to school for lunch providing they stay at home until lunchtime.

