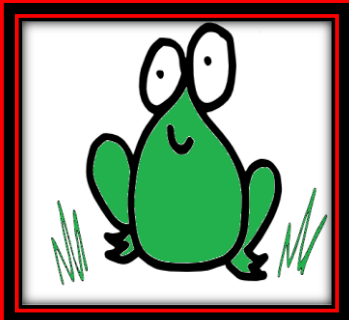


NORTHBOROUGH NEWS



AUTUMN 2024

A WORD FROM MR PATTISON

Well, what a packed and busy half term! We've welcomed our new cohort of Early Years children into school and enjoyed meeting you new parents too. It has also been great to start the year with so many new starters right across the school, and a joy for to see how well they have settled in to their school life here at Northborough.

Year 6 were straight into their residential at the Hilltop Centre and, although I couldn't attend personally, I loved hearing how children, and their adults, pushed themselves to try a range of outdoor learning activities. These are events children will always remember. Alongside this, class visits such as those already undertaken to Peterborough museum and Flag Fen, wouldn't be possible without your financial and volunteer support, so thank you.

Finally, it was incredibly heartwarming to see the vast array of donations sent in for the Harvest Festival foodbank collection. I've never seen so much raised from a school event. Many thanks to all those who contributed and I'm sure it will be appreciated by the wider local community.



Grandparents are welcome to attend dress rehearsals. A maximum of 30 seats will be available.

A maximum of 80 seats will be available at all other performances to comply with fire regulations. A maximum of 120 people can attend each performance. Seats will be available on a first come, first served bases. If you do not arrive early enough to secure a seat, you will need to stand.

Christmas Performances

EYFS dress rehearsal: Tue 10th 2.30-3.15pm
EYFS performance to parents: Wed 11th 2.30 – 3.15pm

Y1 & Y2 dress rehearsal: Mon 9th 2.15-3.15pm
Y1 & Y2 afternoon performance: Thur 12th 2.15-3.15pm
Y1 & Y2 evening performance: Wed 11th 5.30-6.30pm

Y3, Y4 & Y5 dress rehearsal: Fri 13th 2.15-3.15pm
Y3, Y4 & Y5 afternoon performance: Mon 16th 2.15-3.15pm
Y3, Y4 & Y5 evening performance: Tue 17th 6-7pm



KEY DATES AND INFORMATION

October

- YDP sports camp: 30th - 31st

November

Start of Autumn term 2: Tue 5th

- EYFS Evening Telegraph photograph: Tue 5th (during the morning)
- 2025 starters prospective parent tour: Wed 6th 9.30-10.30am
- Y2 cake sale: Fri 8th
- Last day to buy poppies: Mon 11th
- Individual/ sibling photographs: Mon 11th – *Proud to be working with PicDay*
- Y4 sportshall athletics: Tue 12th
- 2025 starters prospective parent tour: Mon 18th 9.30-10.30am
- Y1 memory box topic event: Mon 25th

December

- 2025 starters prospective parent tour: Mon 2nd 9.30-10.30am
- Proposed Y1 & Y2 Snowdog performance at New Theatre, Peterborough (information to follow):
Wed 4th
- Y3 gym & dance festival at AMVC: Wed 4th
- 2025 starters prospective parent tour: Fri 6th 9.30-10.30am
- Christmas lunch & visit from Father Christmas: Tue 17th
- *PTFA Silent DISCO: Wed 18th & Thur 19th – more information to follow*

End of Autumn term: Fri 20th

WELCOME 'NEW TO NORTHBOROUGH' FAMILIES



Welcome to the new starters in our Foundation class, they are off to a flying start!

Also welcome to those who have joined us from other schools this term.

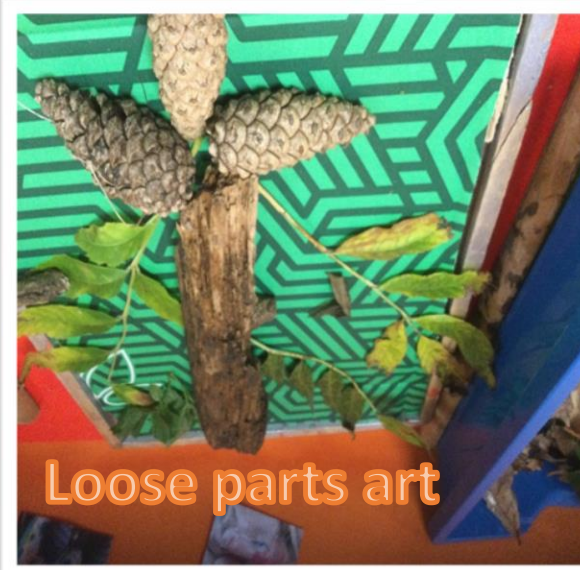
We hope you have all been made to feel very welcome!



Puppet shows



Picking apples in our orchard



Loose parts art



1st trip to Church for the Harvest Festival

EYFS Autumn Term Highlights



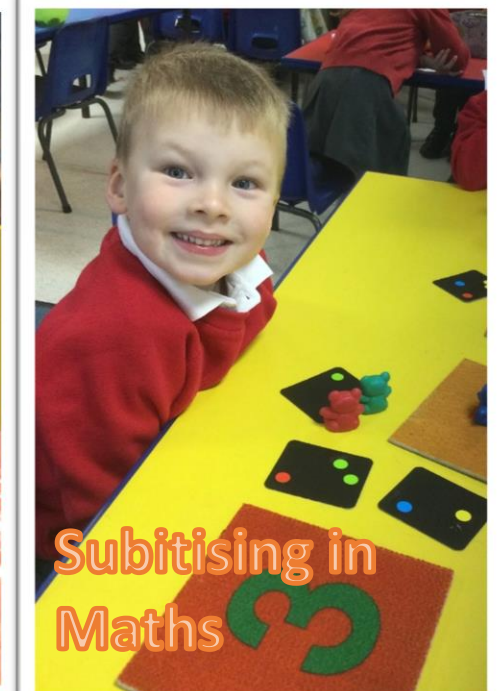
Playing on the new equipment



Making friendships



Using our five senses to explore pumpkins



Subitising in Maths

Year 1 Newsletter Autumn Term 24.



We have been learning about our senses and investigating our sense of touch, taste, sight, smell and hearing.



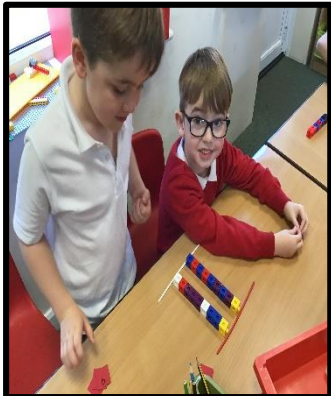
In maths we have been learning about numbers to 10 looking at greater than, less than and equal to.



We wrote a book called 'Not my Norbert' and shared it with children in EYFS.



We went on a local walk to find out which types of houses we could find in Northborough



Finding sticks in the woods.

Painting Spirals in art using different media.



Year 2

This term year 2 have been very busy making use of our outdoor learning space. We have created outdoor art, investigated living, dead and never alive things and worked on our orienteering skills with coach Tom.

Our composing skills are coming along in music, and we had a great visit from the characters of Little Red Riding Hood! Watch out for the Big Bad Wolf!

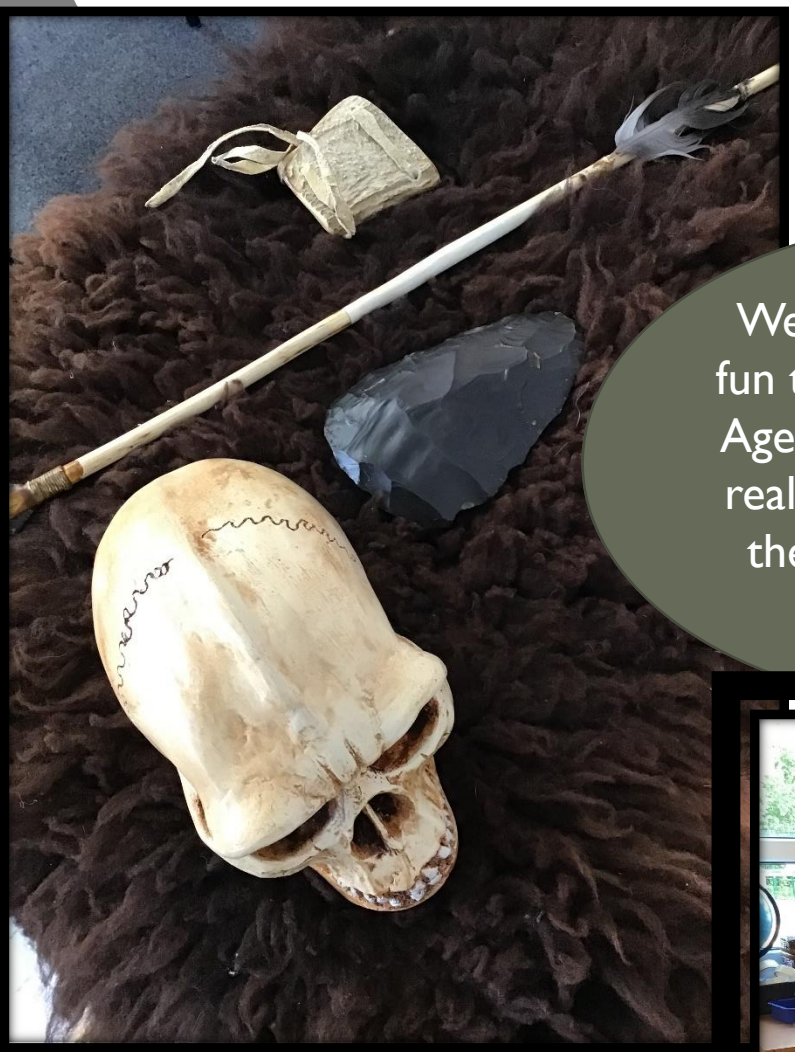
In our English lessons we have looked at a variety of different retellings of traditional tales and written about a walk through Storyland.



Year 3 – the Stone Age

We went tribal! It was fun to investigate a Stone Age murder mystery. We really enjoyed looking at the artefacts from the museum.

We toasted marshmallows and made our own clay pots.



Flag Fen
2024 –we had
a brilliant day!



Stories
around
the fire

Hunting



Experimental
archaeology

A new
round
house



Digging
for
artefacts



Timeline





AT THE ROMAN DOCTORS OLIVIA RE-ENACTED A TOOTH EXTRACTION AND JAKE A LEG AMPUTATION.

YEAR 4 HISTORIANS

PERCY THE ARCHAEOLOGIST FOUND A TESSERA FROM A MOSAIC.

EMPEROR JAKE IN HIS TOGA AND LAUREL WREATH.



Year 5 Science Project - Space



Year 5 worked really hard on their science presentations.

YEAR 6 TRIP TO HILLTOP

- This term, Year 6 embarked on their residential to Hilltop Outdoor Centre in Norfolk. We faced our fears, pushed our limits and had the best time. We took part in 140m zip lines, caving, high ropes as well as night time orienteering to name a few. We all had the best time – especially when we roasted marshmallows on the fire!

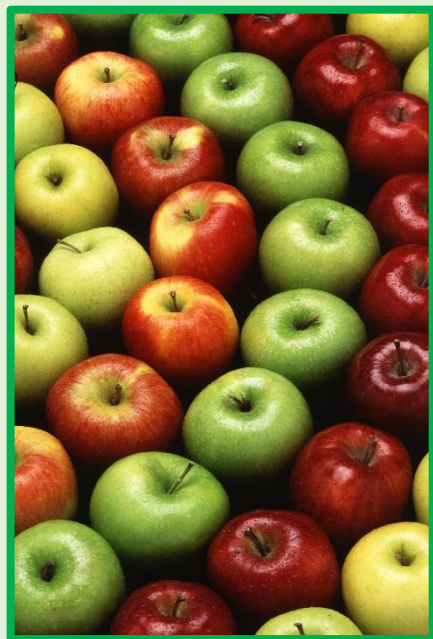




Harvest Festival

We reflected on Harvest time.
Many thanks to Jane and Jane at church.

Thank-you for your generous
donations to Deeping Food bank.



YEAR 6 HOCKEY TOURNAMENT

- On the 23rd October, six of our Year Six's travelled to AMVC to partake in a hockey tournament with the other schools around Peterborough. Coach Tom took the team who valiantly battled against other schools to try to bring the trophy home. Results against strong oppositions gave us a great stepping stone to go on to be successful, with many schools calling us 'the team on fire' and not wanting to play us. A couple of results ultimately didn't go our way and we finished a very respectable 3rd place, which on another day could have been 1st. We are very proud of the team!
- Team: Luciano, Joey, Tayla, Samara, Zachary and Freddie



CROSS COUNTRY SUPERSTARS!

Our twenty strong team of sporting hopefuls attended the annual Soke cluster cross country competition at AMVC on Tuesday 15th October.

The Year 3/ 4 teams had to 1400m and Year 5/ 6 had to run 1900m –a huge challenge against approx. 100 children in total running from other schools in each category.

Despite the daunting length of the course, as always, Team Northborough rose to the challenge and gave their very best with a number of high finishes. Congratulations to Lucas who placed a 6th position finish in the Y5 /6 boys category and Eva, also a 6th place finish in the Year Y5/ 6 girls category.

All competitors finished the course, no one gave in and we so proud!

- Y3/ 4 boys overall winners: Barnack
- Y3/ 4 girls overall winners: John Clare
- Y5/ 6 boys overall winners: William Law
- Y5/ 6 girls overall winners: John Clare

A fantastic afternoon enjoyed by all.

What a team!

Hassan, Arlo, Ted, Roman, Freddie, Jake, Roselyn, Millie, Ella, Francesca, Emily, Olivia B, Theo Spencer, Thomas, Lucas, Joey, James, Isabelle, Florence, Eva, Alice, Emmie & Olivia F



Make sure you keep safe online.

SCHOOL NURSING SERVICE

You can speak to a member of the school nursing team by calling our duty desk on: 0300 029 50 50 or by emailing cpm-tr.peterboroughschoolnurses@nhs.net

They can offer support, advice and signposting around the following topics:

Long Term Conditions

Additional Health Needs and attendance issues due to health needs

Sexual Health Advice

Healthy Weight, healthy lifestyles and choices

Healthy Bladder, night time wetting and bowel advice (excluding chronic constipation which will require GP referral).

School transition support

Emotional Health and Wellbeing



SEARCH ENGINES

What is it? 'Search Engine'

A search engine is something that helps you find what you're looking for on the internet. By far the most used and well-known search engine is Google, which powers more than nine out of ten internet searches in the UK, according to Statcounter.com. Search engines can be used to find results such as websites, images and videos, which is where the dangers start to arise.

Know the Risks

- Bypassing SafeSearch**
While Google has 'SafeSearch', which is designed to filter out explicit content, even by Google's own admission it's not 100% accurate. Inappropriate content can still make it through, even with seemingly innocuous search terms. SafeSearch is very easy to switch off and most teenagers will know how to bypass it.
- Accessing blacklisted content**
Search engines can be used to access content on sites that are blocked by parental control filters. Parental control services should, for example, blacklist the major pornography sites, but search engines might still display images from such sites in their results, without the user having to visit the site itself.
- Niche search engines**
Google isn't the only search engine out there - there are many niche search engines, some designed specifically to hunt out pornographic or violent content. These aren't always obviously named or blocked by parental control filters, making it difficult for parents to monitor.
- Misleading information**
Search engines merely reflect what's on the internet - they rarely filter out misleading or dangerous information. A child searching for solutions to a health problem, for example, might be directed to dangerous treatments.

Keep an Eye on...

- Browsing habits**
Google and other search engines often leave a trail behind them. For example, search terms entered into Google are normally auto-saved in the browser. Similarly, a browser history will reveal which terms a child has been entering into search engines, unless they've been using a private browser mode. If there is no browser history for the time your child has been online, then you might ask why.
- Accessing VPNs**
Although not strictly search engine related, keep an eye out for VPNs being installed on a family child's device. Although there are legitimate and innocent uses for VPNs, they can also be a sign that a child is attempting to hide their internet activity or access content that is blocked by parental filters.
- SafeSearch settings**
Check that Google's SafeSearch remains activated on family computer browsers. Click settings in the bottom-right corner of the Google home page and SafeSearch filters should be the first option at the top of the screen. It may also be wise to implement protective measures on children's personal devices to ensure they don't stumble across something they shouldn't.

Safety tips

- Understand the code**
There are ways to force Google to always have SafeSearch on, even if a child knows how to switch it off. These require a little bit of tinkering with code on the computers in your household, but Google provide detailed, step-by-step instructions on how to set this up in their support pages.
- Set controls**
If your child has their own Android or Apple smartphone or tablet and you're worried they're accessing stuff on Google they shouldn't be, you can use Google's Family Link service to place controls on the child's device. As well as SafeSearch, other safeguards such as controls over YouTube, are allowed on Android devices.
- Encourage open dialogue**
No matter how many technical barriers you put in your child's way, there will come a time when they come across something inappropriate on a search engine so it's important to let them know they can come to you if they find something that upsets them online and not to feel that they will get into trouble for seeing it.
- Promote critical thinking**
Children place a lot of faith in 'facts' they've found online and often aren't savvy enough to question the sources of information. Explain to children that not everything they read online is true and guide them towards reputable sources of information. For instance, reinforce that they should seek your advice for issues such as medical problems and be wary of what they read online.

Our Expert Barry Collins

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as The Sunday Times, Which?, PC Pro and Computeractive. He's appeared regularly as a technology pundit on television and radio, including on BBC Newsnight, Radio 5 Live and the ITV News at Ten. He has two children and has written regularly about internet safety issues over the years.

www.nationalonlinesafety.com Twitter - @nationalonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

Share of this guide do so at their own discretion. No liability is entered into. Content as of the date of release: 16.09.2020

COSY UP



A half termly newsletter for by the Autism Advisory Teacher Service for Peterborough's Autism community

SOCIAL & EMOTIONAL DEVELOPMENT

Rob Emery (Autism Advisory Teacher)

The world of education is always evolving. There are schemes of work, age-related expectations, outcomes, learning objectives, targets. It's easy to get caught up in this and miss the bigger picture. I often find myself repeating the mantra 'happy kids make progress'. It is only when we are emotionally regulated that we can learn effectively, build relationships and consider the emotional needs of ourselves and others.

THE TRUSTED ADULT

Babies and infants are completely reliant on others to meet their needs. Over time the child learns how to regulate their emotions and become socially active. A significant, emotionally attuned and available trusted adult is pivotal in this emotional and social skill development. There is an increasing body of research which evidences improved educational and broader outcomes for pupils who establish long term trusted adult relationships in schools.

BEING A TRUSTED ADULT

Becoming a trusted adult required education practitioners to take a different approach. Key characteristics of a trusted adult include:

- Coming with no expectations of what Young People will achieve or how they will behave.
- Being non-judgemental and refraining from trying to 'fix' a Young Person; instead, Trusted Adults help Young People to work through issues in their own way.
- Ensuring relationships with Young People have clear boundaries and limits. Trusted Adults should understand when a situation extends beyond their skillset.
- Being a good listener, using silence to give Young People space to open up and guide conversations.
- Prioritising honesty, asking hard questions when necessary and being vulnerable with Young People
- Being reliable, through making themselves available to Young People and engaging with them in a consistent way

(Humber and North Yorkshire Care Partnership, 2024)



TEACHING EMOTIONS

Recognising, labelling and articulating your own emotions is not easy. Often, we experience multiple emotions simultaneously and we all experience and process emotions in different ways. Furthermore, the language we use with children can over-simplify what is an extremely complex emotional response (practitioners often refer to 'happy' and 'sad.') Emotion Coaching can be an effective way for the trusted adult to support the understanding of emotions. First, you label the emotion so that the child can attach a label to the emotion they are feeling: 'I can see that you feel frustrated.' Then you validate that emotion to let them know that it's okay to feel that way: 'When I can't get something to work, I get frustrated too'. Finally, you offer a strategy to support re-regulation: 'When I get frustrated, I like to kick a football in the garden, that helps me to feel calmer.'

Energy Management is an approach that doesn't focus on labelling emotions. Instead, it helps pupils to conceptualise their emotions as a battery. Your battery will drain throughout the day and different activities will drain your emotional energy by different amounts. Other activities will help to re-charge your battery. Children can identify the activities that help them to re-charge, and these can become support strategies for emotional regulation. The trusted adult can model this and check in to compare battery levels facilitating an increased emotional awareness.

More info:

The Trusted Adult: [Click here](#)

Emotion Coaching: [Click here](#)

Energy Management: [Click here](#)

PCYM Music Inclusive
A Saturday Music Group for young people of ALL abilities

PCYM Music Inclusive is held Weekly, term time only

Saturday's

Juniors: 10:30 - 11:00
Seniors: 11:15 - 12:15

Ormiston Bushfield Academy,
Orton Centre, Peterborough

[Click here for more info](#)

[https://www.pcymusic.co.uk/](#)

College Open Days:

Peterborough College:

24th October, 26th November,
30th January.
5:30pm register online

City College:

26th October (taster session)
9:30-1pm

John Mansfield College:

13th November
4-6pm

Stamford college:

24th January 7:30-9:30

Out & About

Hill Farm Pumpkin Picking
Pick your own Pumpkins!
[Click here](#)

Half term at Nene Park
Holiday Trail, Pop-up fun park, boat trips.
[Click here](#) for more info.

Inflationation SEN
Friendly sessions
[Click here](#)

Burghley Halloween Trail
[Click here](#)

Sacrewell Farm
The Big Halloween Mashup!
[Click here](#)

Peterborough Cathedral
Transformed by lights!
[Click here](#)

Rainy Days

Try these...

...Autumn Scavenger Hunt
[\(click here\)](#)

...Autumn Spice Playdough
[\(click here\)](#)

...Apple Ring Pancake Recipe
[\(click here\)](#)

...Leaf Printing
[\(click here\)](#)

...Coding Ghost Game
[\(click here\)](#)

Make floating ghosts!
[Click here](#)

No Bake Recipes...
[click here](#)

NOTICE BOARD

To do:

- Apply for school places by Oct 31st (secondary places)
- Apply for School Places by January 15th (Primary places)

[Click here](#)

Upcoming events:

- Understanding my Autism/ADHD
- Anxiety
- Bullying
- Emotion Based School Avoidance

Check the Nessie Website for upcoming webinars and events:
[click here](#)

PARENT AND CARER PHONE CONSULTATIONS

Advice and support at home.
To book a phone call with one of our Autism Specialist Teachers please email
SEN.Inclusion@peterborough.gov.uk



Link on whole school dojo

HAPPY BIRTHDAY TO YOU!

Enjoy your special day– HAPPY BIRTHDAY!

Wishing you all a day as brilliant as you!

Birthdays celebrated this half term

EYFS: Eloise, Maisie, Nico, Eliza & Orinthia

Year 1: Sienna, Monty & Charlie

Year 2: Francesca, Quinn, Louie & Bay

Year 3: Benjamin & Layth

Year 4: Sam, Charlotte, Thomas, Layla & Roman

Year 5: Felix, Spencer, Zac, Faolan, Florence, Jessica & Jonah

Year 6: Samara, Tilly & Poppy

Staff: Mrs Garford, Mrs Heavens & Mr Taylor





**MANY THANKS
FOR YOUR
CONTINUED
SUPPORT -
THE
NORTHBOROUGH
TEAM**